

**Torah Parasha and Haftarah Cross Reference**  
**From “The Torah – A Modern Commentary” edited by Plaut**  
 Ver. 6/23/24

<b>PARASHAH</b>	<b>TORAH</b>	<b>PAGE #</b>	<b>HAFTARAH</b>	<b>PAGE #</b>
<b>GENESIS</b>				
Bereshit	Genesis 1,1-6,8	16	Isaiah 42,5-43,10	320
Noach	Genesis 6,9-11,32	56	Isaiah 54,1-55,5	326
Lech-Lecha	Genesis 12,1-17,27	90	Isaiah 40,27-41,16	330
Vayera	Genesis 18,1-22,24	121	2 Kings 4,1-37	334
Chaye Sarah	Genesis 23,1-25,18	155	1 Kings 1,1-31	338
Toledot	Genesis 25,19-28,9	172	Malachi 1,1-2,7	341
Vayetze	Genesis 28,10-32,3	198	Hosea 12,13-14,10	344
Vayishlach	Genesis 32,4-36,43	216	Hosea 11,7-12,12	349
Vayeshev	Genesis 37,1-40,23	243	Amos 2,6-3,8	352
Miketz	Genesis 41,1-44,17	263	1 Kings 3,15-4,1	355
Vayigash	Genesis 44,18-47,27	280	Ezekiel 37,15-28	357
Vayechi	Genesis 47,28-50,26	301	1 Kings 2,1-12	359
<b>EXODUS</b>				
Shemot	Exodus 1,1-6,1	381	Isaiah 27,6-28,13; 29,22-23	692
Va'era	Exodus 6,2-9,35	419	Ezekiel 28,25-29,21	696
Bo	Exodus 10,1-13,16	445	Jeremiah 46,13-28	700
Beshalach	Exodus 13,17-17,16	477	Judges 4,4-5,31	703
Yitro	Exodus 18,1-20,23	508	Isaiah 6,1-7,6; 9,5-6	710
Mishpatim	Exodus 21,1-24,18	564	Jeremiah 34,8-22; 33,25-26	714
Terumah	Exodus 25,1-27,19	603	1 Kings 5,26-6,13	717
Tetzaveh	Exodus 27,20-30,10	616	Ezekiel 43,10-27	719
Ki Tisa	Exodus 30,11-34,35	644	1 Kings 18,1-39	722
Vayakhel	Exodus 35,1-38,20	666	1 Kings 7,40-50	726
Pekude	Exodus 38,21-40,38	680	1 Kings 7,51-8,21	728
<b>LEVITICUS</b>				
Vayikra	Leviticus 1,1-5,26	766	Isaiah 43,21-44,23	978
Tzav	Leviticus 6,1-8,36	780	Jeremiah 7,21-8,3; 9,22-23	983
Shemini	Leviticus 9,1-11,47	798	2 Samuel 6,1-7,17	986
Tazria	Leviticus 12,1-13,59	831	2 Kings 4,42-5,19	991
Metzora*	Leviticus 14,1-15,33		2 Kings 7,3-20	994
Achare Mot	Leviticus 16,1-18,30	858	Ezekiel 22,1-16	997
Kedoshim	Leviticus 19,1-20,27	889	Amos 9,7-15	999
Emor	Leviticus 21,1-24,23	908	Ezekiel 44,15-31	1001
Behar	Leviticus 25,1-26,2	940	Jeremiah 32,6-27	1003
Bechuhotai	Leviticus 26,3-27,34	953	Jeremiah 16,19-17,14	1006

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<b>NUMBERS</b>				
Bamidbar	Numbers 1,1-4,20	1026	Hosea 2,1-22	1252
Naso	Numbers 4,21-7,89	1043	Judges 13,2-25	1256
Beha'alotecha	Numbers 8,1-12,16	1075	Zechariah 2,14-4,7	1259
Shelach-Lecha	Numbers 13,1-15,41	1104	Joshua 2,1-24	1262
Korah	Numbers 16,1-18,32	1126	1 Samuel 11,14-12,22	1265
Chuqat	Numbers 19,1-22,1	1144	Judges 11,1-33	1268
Balak	Numbers 22,2-25,9	1171	Micah 5,6-6,8	1272
Pinchas	Numbers 25,10-30,1	1191	1 Kings 18,46-19,21	1274
Matot	Numbers 30,2-32,42	1215	Jeremiah 1,1-2,3	1278
Mas'ey	Numbers 33,1-36,13	1233	Jeremiah 2,4-28; 3,4	1282
<b>DEUTERONOMY</b>				
Devarim	Deuteronomy 1,1-3,22	1312	Isaiah 1,1-27	1590
Va'etchanan	Deuteronomy 3,23-7,11	1338	Isaiah 40,1-26	1595
Ekev	Deuteronomy 7,12-11,25	1379	Isaiah 49,14-51,3	1599
Re'eh	Deuteronomy 11,26-16,17	1416	Isaiah 54,11-55,5	1604
Shofetim	Deuteronomy 16,18-21,9	1455	Isaiah 51,12-52,12	1607
Ki Teitze	Deuteronomy 21,10-25,19	1482	Isaiah 54,1-10	1612
Ki Tavo	Deuteronomy 26,1-29,8	1508	Isaiah 60,1-22	1614
Nitzavim	Deuteronomy 29,9-30,20	1535	Isaiah 61,10-63,9	1618
Vayeilekh*	Deuteronomy 31,1-31,30		Isaiah 55:6 – 56:8	1623
Ha'azinu	Deuteronomy 32,1-32,52	1555	2 Samuel 22,1-51	1626
Vezot ha-Berachah	Deuteronomy 33,1-34,12	1567	Joshua 1,1-18	1631

\*Not read on Shabbat

Torah/Parasha list from <https://mechon-mamre.org/jewfaq/readings.htm>